



SANBORN REGIONAL MIDDLE SCHOOL

Weekly Newsletter

*A newsletter that promotes our core values of
Self Directed, Perseverance, Inspiration, Responsibility,
Independence, and Tolerance*

January 28th

Sanborn Regional Middle School

17 Danville Road, Kingston, New Hampshire 03848

(603) 382-6226

www.sau17.net



Visit Our Website

2023-24 SRSD Calendar

Past Newsletters

SRMS Facebook

Join the SRMS Boosters

SRMS Athletic Update

SRMS Bus Routes

Grading & Reporting Manual

Student Handbook

Homework Links

6th Grade

7th Grade

8th Grade

Please note that the homework assignments posted on these links are subject to change and may be updated on a daily basis. If students have any questions about an assignment, they should email or see their teacher.

Dear Students and Families,

We hope that you are all having a nice weekend. All **8th Grade Students & Families** are encouraged to attend the SRHS Incoming Freshman Information Night on **Monday at 6pm**. For more information, please see the flyer on page 4 below.

Incoming Freshman Information Night

Welcoming the
Sanborn Regional
High School
Class of 2028!



New SRMS Nurse - Please join us in welcoming Susan Gosselin to SRMS. Mrs. Gosselin is replacing Laura Frazer as our middle school nurse. Ms. Gosselin is a nurse practitioner and comes to us with a tremendous amount of experience.

Winter NWEA Testing - This week brings our second and final round of NWEA testing. On Wednesday, January 31st, all students at SRMS will be taking the NWEA assessment in Reading with the Math assessment occurring next week on February 7th. Each assessment will be given at the start of the school day and will take approximately two hours. To help ensure that your child is ready for the assessment, please encourage them to bring their fully charged Chromebook to school, get a good night's sleep, and have breakfast at home or school.



Regarding the NWEA, please note that it is not a State assessment, but an assessment that the district has been using for years to measure student achievement and growth K-12 in English Language Arts and Mathematics. The results will be used by teachers and administrators to find areas of need among our students; identify students who could benefit from intervention, and determine which classroom instructional practices are creating the most academic growth. Students are encouraged to try their best on these assessments so we get reliable data and can use it to address any areas of need among our students. The results of the assessments will be sent home to parents/guardians. For more information about the assessment, please click the link below.

[NWEA Assessments](#)

SRMS Boosters Meeting - The February SRMS Boosters meeting will be Tuesday, February 6th at 6:30 in the SRMS/HS library.

Middle School Dance - On Friday, February 9th from 7:00-9:00, the middle school Boosters are hosting a middle school dance in the cafeteria. To help ensure that the dance is a success, we need parent and staff volunteers, as well as drink and snack donations. To volunteer to help out with set up, chaperoning, or clean up and/or to make drink & snack donations, please click the link below. For more information, please see the flyer on page 5 below.

[Click Here for Dance Chaperone and Drink & Snack Donation Sign Up](#)

Parents/Staff versus Students Basketball Game - On Friday, March 29th at 6pm in the SRHS/MS gym, the SRMS Boosters are hosting the annual parent/staff versus students basketball game. Any parent/guardian interested in playing in the game can sign up at the link below. If you are not interested in playing in the game, please come out to cheer on the teams, support our Boosters through purchasing



concessions and raffle tickets, or consider helping our Boosters by volunteering before, during or after the game.

[Click Here for Parent/Guardian Sign Up for the Parents/Staff vs. Students Basketball Game](#)

Winter Sports Update - The winter sports season is in full swing. To view sports schedules, please click the link below.



[Click Here for SRMS Winter Sports Schedules](#)

Have a great week!

Matthew Malila

Jay Trafton

SRMS Principal

SRMS Assistant Principal

Incoming Freshman Information Night

Welcoming the
Sanborn Regional
High School
Class of 2028!



Join us!

**MONDAY
JANUARY
29TH**

6:00PM - 7:00PM

INCOMING FRESHMEN WILL :

- Learn about high school course offerings & graduation requirements
- Find out about extracurricular & sport opportunities
- Receive a tour of the school
- Ask questions to get ready for your high school experience!

Sanborn Regional Middle School Boosters

PRESENTS

Valen TINE'S DANCE

FRI | **FEB** | **7 - 9**
DAY | **9** | **PM**

SRMS Cafeteria
17 Danville Road, Kingston

**Join us for
Musical Bingo -
Win PRIZES!**

**Purchase tickets
in SRMS Cafeteria
\$10 Per Ticket**

**School appropriate clothing - no backpacks or bags
No guests allowed, the dance is for SRMS students only
This is a Sanborn Regional Middle School Booster event**

A Message From School Counseling

GO SOMEWHERE

The cold months are here, and it is really enticing to climb under the covers and hibernate. While it is healthy to give ourselves time to check out a bit, relax and restore our energies, it is not a great practice to retreat from activities altogether. We know that teens tend to hole up in their rooms, stick their faces into a book, or onto a screen for hours on end. It is up to us to make sure that our students balance their solitude and home-life with some activities too.

Here are some indoor activities to get the ball rolling! Any chance to interrupt the winter hibernation with some fresh air or different surroundings can help keep things interesting and keep the cobwebs off!

- Visit Museums: Explore local museums, science centers, or art galleries for educational and entertaining experiences.
- Community Service: Volunteer as a family for a local charity or community service project or visit a local nursing home.
- Indoor Play Centers: Visit indoor play centers or trampoline parks to let kids burn off energy.
- DIY Science Experiments: Conduct fun and educational experiments at home like making a volcano or growing crystals.
- Virtual Tours: Take virtual tours of museums, zoos, or historic sites online if going out is not an option.

End 68 Hours of Hunger

Dear Parents and Guardians,

The Sanborn Regional School District partners with *End 68 Hours of Hunger*, a local nonprofit food program whose mission is to help families in need feed their children over the weekend. This program helps provide students with extra meals from Friday evening through Sunday evening, helping them be better prepared to come to school on Monday morning nourished and ready to learn. All food is non-perishable and easy to prepare. We collect food items for *End 68 Hours of Hunger* at all schools to support our local families. *Please note that this is a non-profit organization and not a District sponsored program.*

If you feel this is a program from which your child could benefit, please fill out the permission slip below, and return to your child's school counselor! Your child will receive a bag of food on Friday afternoons.

If you have any questions, please contact any of our counseling staff.

Bakie counselors:

Angelica Gardella agardella@sau17.net and Sue Petela spetela@sau17.net

Memorial counselors:

Rachel Nippert: rnippert@sau17.net and Amy Collins acollins@sau17.net

Middle School counselors:

Kara Byrne: kbyrne@sau17.net and Tiffany Fabiano: tfabiano@sau17.net

High School Director of Counseling:

Heidi Leavitt: hleavitt@sau17.net

District Social Worker:

Kara Prah: kprahl@sau17.net

Permission to Participate in Weekend Food Program:

I give permission for my child _____ to participate in the End 68 Hours of Hunger Food Program. I understand that my child will receive a bag of food each Friday afternoon.

Parent Signature

Date

Check One: Send home with student Parent pick up



A Message from SoRock

SoRock is a community coalition focused on mental health and substance misuse prevention across the lifespan. We carry out our mission by leveraging resources from the local, state and federal level to coordinate and support education, programming and resources for the towns we serve.

Curious what we do? Check out our [2023 Year in Review!](#)

February is Healthy Relationship Month!

Visit: www.loveisrespect.org

Healthy	Unhealthy	Abusive
<p>A healthy relationship means both you and your partner are:</p> <ul style="list-style-type: none">• Communicating• Respectful• Trusting• Honest• Equal• Enjoying personal time away from each other• Making mutual choices• Economic/financial partners	<p>You may be in an unhealthy relationship if your partner is:</p> <ul style="list-style-type: none">• Not communicating• Disrespectful• Not trusting• Dishonest• Trying to take control• Only spending time together• Pressured into activities• Unequal economically	<p>Abuse is occurring in a relationship when one partner is:</p> <ul style="list-style-type: none">• Communicating in a hurtful or threatening way• Mistreating• Accusing the other of cheating when it's untrue• Denying their actions are abusive• Controlling• Isolating their partner from others

[Haven 24-Hour Confidential Support: 1-603-994-7233](#)

Follow [@sorocknh](#) on FB to stay informed. If you have questions in the meantime visit sorocknh.org, drugfreeh.org or reach out to me at sorocknhcc@gmail.com We want to hear from you, how can we help?

The SoRock community needs assessment survey results identified mental health and substance use as the top community concerns in 2022-2023. [Take the 2023-2024 survey here!](#)

Attention Boosters/PTA/PTO and other parent or community/civic groups. **SoRock wants to talk with you!** We would love to attend your meeting to tell you a little more about us, discuss parenting for prevention and find out how we can support you in the community! Please send an email to sorocknhcc@gmail.com to set something up.

[Learn more about Suicide Risk factors, protective factors, and warning signs](#)

Need Help Now? Dial **988** or call [New Hampshire Rapid Response Access Point](#) Call/Text 833-710-6477 or [Chat Now](#)

Are you a Parent in Recovery? [Children Learn a Lot from Your Recovery!](#)
Need Help with Your Recovery? [Click Here for NH Recovery Support Resources](#)
Are you impacted by the substance use of a loved one? [Find support here](#) and [here](#)

Remember, we are here for all ages. Supporting the wellness of the community across the lifespan is the only way to ensure healthy youth!

SoRock always has FREE resources for the community. Locking medication boxes, Rx disposal pouches, keyed firearm trigger locks, Overdose prevention kits including Narcan & Fentanyl test strips. Parent and relative caregiver resources/prevention power packets.

Would you like to know more about SoRock, how we operate and what we do?
Email Charlotte Scott, Program Director sorocknhcc@gmail.com or call 603-642-3341 x 1235



Daniel J. Bakie Elementary School

APPLICATIONS ARE NOW BEING ACCEPTED FOR SANBORN REGIONAL INTEGRATED PRESCHOOL PROGRAM 2024-2025

The Sanborn Regional *Integrated* Preschool Program is accepting applications for the 2024-2025 school year for the three and four-year-old preschool programs. Both preschool programs are located at the D.J.Bakie Elementary School in Kingston, NH. All students must be residents of either Kingston or Newton, N.H. to attend.

The three-year-old program is held Mondays through Thursdays from 8:30-11:00 AM. Eligible children must be three years old by September 30, 2024.

The four-year-old program is held Mondays through Thursdays from 12:00-3:00 PM. Eligible children must be four years old by September 30, 2024. Please note that there are limited openings in the four-year-old program.

Tuition for the three-year program is \$165 per month and the four-year-old program is \$200 per month. A tuition agreement form must be completed and returned to participate in the program. Enrollment is limited, and the deadline for applying is **Wednesday, February 28, 2024**.

All applicants must participate in a developmental screening process. Please note that this is not a Child Find. You may call to schedule a Child Check Appointment if you are questioning a possible educational issue. For more information please email Linda Tarushka at ltarushka@sau17.net. You may also call the school at 603-642-5272.

To register your child for the lottery, please go to our school website at sau17.org/3/home and click on the Preschool Lottery link.

Technology Fun Night - CLIX

Friday, February 16, 2024

6:00 PM – 8:00PM

Place: Seacoast School of Technology
Who: Grade 5 – 9 students

Cost: Voluntary donation of 3 cans of food for local food bank per person. If you would like to bring more cans, all donations will gladly be accepted.

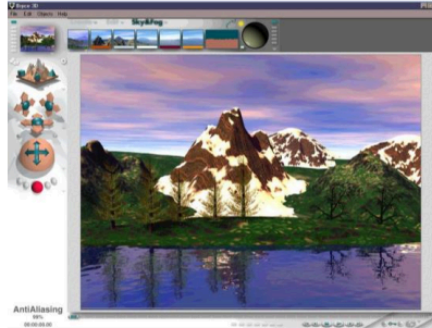
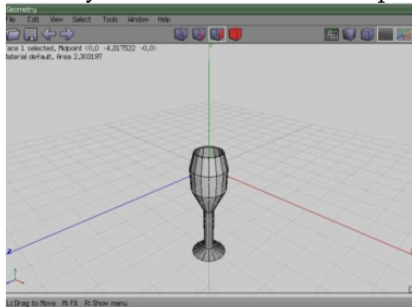
Why: This school year, the Seacoast School of Technology is offering a series of events for students to show just how much fun learning about technology can be.

How to sign up:

Register online @ <https://sst.sau16.org/en-US/technology-fun-nights-f4734f0b>.

Registration opens 8 AM on Tuesday, January 16, 2024. Registration deadline is February 15, 2024. Limited to 25 students on a first come first served basis.

This month we will be learning about 3D modeling with Wings 3D and 3D scene layout with Bryce 3D. There will be door prizes.



Any questions, contact Mr. Messa at nmessa@sau16.org or 775.8623

Come join in the fun!!!!

SANBORN YOUTH SOCCER

Registration is now open for the Spring Season

Welcoming families of Kingston, Newton, and surrounding communities!

SYSA has opened the Spring registrations early this year and wants to welcome you all to sign up! This is a co-ed soccer program aged 4 through grade 8. Games are played on Sundays at Chase Field in Kingston.

The season will run from May 4th through June 16th

With practice times to be determined

There are two sessions available

Session 1 – for age 4/5 and grades 3-8

Session 2 - for age 4/5 and grades 1-2

To register your child please visit www.sanbornyouthsoccer.org

If you volunteer to coach a team you will have your registration fee waived for one child! Any questions please reach out to sanbornyouthsoccer@gmail.com



Sanborn Baseball and Softball Association

Registration is Open All levels

Baseball:

T-Ball Ages 4-6 years old

Rookies ages 6 and 7

Minors ages 8 and 9

Majors ages 10 till 12

Babe Ruth Ages 13-18

Softball U8

Softball U10

Softball U12

Softball U14

Softball U16

Visit sanbornbsa.org to signup and register

Questions or need help?

Email us at:

sanbornbsa@gmail.com

This program is not associated with Sanborn Regional School District